

1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

Dr. Elizabeth Yetley, Ph.D.
F.D.A.

Office of Special Nutrition, HFS-450
200 "C" St., S.W.
Washington, DC 20204

RECEIVED
5/11/98

Dear Dr. Yetley,

Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: Methyl Donors™

Active Ingredient(s): Anhydrous Betaine (Trimethylglycine), pyridoxine hydrochloride (vitamin B6), cyanocobalamin (vitamin B12), folic acid, intrinsic factor

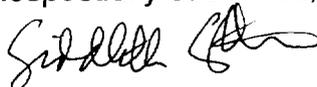
Claim(s): "Reduces Homocysteine to Methionine" - Methyl donors is formulated with methyl group donors and supporting nutrients to facilitate methylation. Methylation is inhibited by alcohol, smoking, poor dietary habits (excessive protein and fat) or inadequate diet.

Impairment of methylation results in elevated levels of homocysteine, a toxic amino acid and a serious health risk. Homocysteine is reduced to methionine, a biologically useful amino acid, by enzymes that require Folic Acid, B12, B6 and methyl groups. Intrinsic factor facilitates the absorption of B12.

The following disclaimer appears on the label: This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,



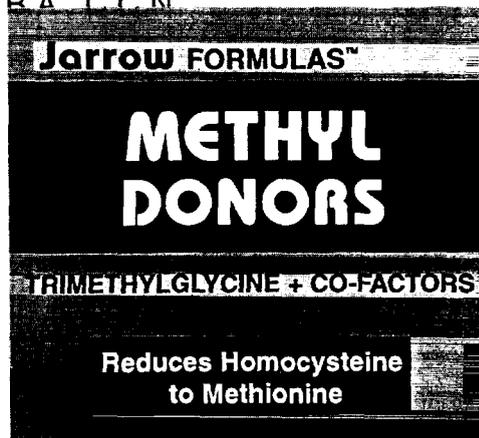
Siddharth S. Shastri, B.A., C.C.N.

975-0162

LET/645

USAGE: As a dietary supplement, take 1 tablet daily with a meal or as directed by your qualified health consultant.

Methyl Donors is formulated with methyl group donors and supporting nutrients to facilitate methylation. Methylation is inhibited by poor dietary habits (excessive protein and fat or inadequate nutrient content), alcohol, smoking and genetic predisposition. Impairment of methylation results in elevated levels of homocysteine, a toxic amino acid and a serious health risk. Homocysteine is reduced to methionine, a biologically useful amino acid, by enzymes that require folic acid, B12, B6 and methyl groups. Intrinsic factor facilitates the absorption of B12.



Each **Methyl Donors** Quik-Solv™ tablet contains:

| | AMOUNT | % RDI |
|--|---------|-------|
| Trimethylglycine (TMG) (Anhydrous Betaine) | 500 mg | |
| Vitamin B6 (Pyridoxine HCl) | 15 mg | 750% |
| Vitamin B12 (Cyanocobalamin) | 250 mcg | 4167% |
| Folic Acid | 400 mcg | 100% |
| Intrinsic Factor | 10 mg | |

RDI for humans 12 years of age and older.
* Need in human nutrition not established.

Contains NO allergen or sugar.
Quik-Solv™ tablets disintegrate within minutes of ingestion.

Superior Nutrition and Formulation™ by
Jarrow FORMULAS, INC™
Los Angeles, CA 90035-4317

PROD # 20006

Lot #. Best Used Before:



These statements have not been evaluated by the Food and Drug Administration. This product is not