



PHARMANEX

A Natural Healthcare Company

Pharmanex, Inc.
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March 23, 1998
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BY FEDERAL EXPRESS

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C. St. S.W.
Washington, DC 20204

RE: Notification for Certain Types of Statements on Dietary Supplements.

Dear Sir or Madam:

As required by Section 403 (r)(6)(c) of the Food, Drug and Cosmetic Act, Pharmanex Inc., 625 Cochran Street, Simi Valley, California 93065-1939, intends to market a dietary supplement product with the following labeling statements of nutritional support:

Product identified as **Bio St. John's™**, containing standardized extracts of St. John's wort and a proprietary strain of *Cordyceps sinensis*, with the following labeling statements:

1. Healthy emotional balance support.
2. Helps stabilize mood.
3. Promotes positive outlook.
4. Reduces symptoms of fatigue.
5. As a dietary supplement, Bio St. John's™ enhances natural vitality levels, helps support a healthy emotional balance, and promotes a positive mental attitude.
6. Bio St. John's™ helps to maintain and regulate the healthy functioning of the brain's neurotransmitters—messenger molecules such as serotonin and dopamine—in order to stabilize mood and promote a positive mental outlook.
7. A unique formula that promotes a positive mental outlook and enhances vitality levels—so you can enjoy life to the fullest...Naturally!
8. Bio St. John's™ is specially formulated to help overcome recurring fatigue and promote a positive mental outlook to assist you in dealing more effectively with life's challenges.

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9. Standardized extracts of St. John's wort, as that found in Bio St. John's™, are approved in Germany and other European countries for their ability to help stabilize mood, support healthy emotional balance, promote healthy sleep patterns and assist "winter season" mood changes.

I certify that the information contained in this notice is complete and accurate and that Pharmanex, Inc. has substantiation that these statements are truthful and not misleading.

Sincerely,

Michael Chang
Sr. V.P. Research & Development