

October 2, 1995



NATURAL FOODS

Distributors of Quality Natural Foods and Vitamins

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Ms. Peggy Binzer
CFSAN
Food and Drug Administration
200C Street SW, HFS-456
Washington, DC 20204

Dear Ms. Binzer:

We are notifying you pursuant to the Dietary Supplement Health and Education Act of 1994 of the following "structure and function" claims that have been made.

Product

Grape Seed Antioxidant

Claim

"The proanthocyanidin flavonoids (found in a number of plants and fruits including grape seeds) have demonstrated a number of important biochemical properties. They act as free radical scavengers, help resist blood vessel and skin damage, inhibit inflammatory enzymes, and inhibit histamine formation."

Glucosamine '1000'

"Glucosamine is an important structural component of healthy joints, ligaments, bones, and synovial fluid."

CoQ₁₀

"It is an essential component of cells and is utilized by the mitochondria in the normal process of energy production."

Pycnogenol

"It has been shown to have 20X more antioxidant activity than Vitamin C and 50X more than Vitamin E in in vitro studies."

Melatonin

"Melatonin is produced in the pineal gland of mammals and aids in the regulation of circadian rhythms."

Sincerely,

A handwritten signature in cursive script, appearing to read "Al Powers".

Al Powers
Vice President

975-0162

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