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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 28, 2005

FEB 16 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our MET-Rx® Amped ECN supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, CVS, Dollar General, Duane Reade, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Kaiser Permanente, Life's Finest, Major, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sam's Club, Shoprite, Sundown, Target, US Nutrition, Vibrant Health, Vitamin World, Walgreens, Walmart and WorldWide Sports:

Ingredients: Vitamin B-6, Folic Acid, Vitamin B-12, Phosphorus, Magnesium, Potassium, Creatine Ester Phosphate Sodium, Creatine Monohydrate, N-Acetyl Cysteine, L-Leucine, L-Isoleucine, L-Valine, Taurine, L-Tyrosine, Caffeine Anhydrous, White Willow, Vinpocetine, L-Arginine, L-Glutamine, Alpha Ketoglutaric Acid

- Supports Strength, Power & Recovery
- Mind/Body Energy Magnifier
- Supports Nitrogen Levels
- Nitric Oxide Inducer
- MET-Rx takes sports nutrition supplementation to a new dimension by combining proprietary formulations to support extreme energy and nutrient circulation to the cell.
- The Amped ECN Pumped Blend supports strength, power and recovery from high-intensity exercise.
- The Amped ECN Nitro Blend contains important Amino Acids, including all of the Branched Chain Amino Acids, to support Nitrogen levels.
- The Amped ECN Neuro-Energy Blend is designed to rev up your mind and body and magnify energy levels throughout the system so you can hit the gym and take care of business.
- As if all that hard hitting action wasn't enough, we added the Amped ECN NOS Blend to support nitric oxide synthesis, one of the keys to unlocking oxygen and nutrient flow to the cell.

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- Results may vary: when used in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Angelica S. Vrablic".

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb