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**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Great American Nutrition™ Complete Diet System Product #51106 and #50200** bearing the statements set out below:

**Weider Nutrition International., Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim is as follows:

- (Statement 1) Chromium picolinate is involved in carbohydrate and fat metabolism
- (Statement 2) Citrimax™ provides important nutritional support for lean body mass
- (Statement 3) Lipotropics improve vigor and reduce fatigue
- (Statement 4) Thermogenic Herbs increase circulation and body heat, which come from burning calories
- (Statement 5) L-Carnitine helps transport fat to be used by the body

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 5<sup>th</sup> day of November, 1997

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

DR. LUKE R. BUCCI

DR. LUKE R. BUCCI  
Vice President of Research

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## STRUCTURE / FUNCTION CLAIMS

### NUTRIENT: Complete Diet System

DATE: September 29, 1997  
Document Name: sf01cds.wpd

BY: Luke R. Bucci, PhD

BRAND, CODE # & PRODUCT NAME(S): GAN 51106, 50200 Complete Diet System  
(60c, 200c)

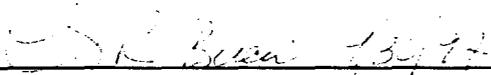
NUTRIENT AMOUNT: Vitamins, minerals, Citrimax, Green tea, Kola nut, Capsicum,  
lipotropics, carnitine

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#### STRUCTURE/FUNCTION CLAIM:

**Chromium picolinate** is involved in carbohydrate and fat metabolism;  
**Citrimax™** provides important nutritional support for lean body mass;  
**Lipotropics** improve vigor and reduce fatigue;  
**Thermogenic Herbs** increase circulation and body heat, which comes from burning calories;  
**L-Carnitine** helps transport fat to be used by the body

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Approved by / Date

#### REFERENCES:

##### CHROMIUM

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2. Mertz W. Chromium - an overview, in *Chromium in Nutrition and Metabolism*, Shapcott D, Hubert J, Eds., Elsevier/North Holland Biomedical, Amsterdam, 1979, 1-14.
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##### CITRIMAX (Hydroxycitric acid from *Garcinia cambogia*)

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#### LIPOTROPICS

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