

FITNESS LABS™
NUTRITION CORPORATION

OCT 1 2004

September 28, 2004

Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

Re: Dietary Supplement Statement of Support Notification

To Whom It May Concern:

Fitness Labs Nutrition Corporation, P.O. Box 3896 Torrance, CA 90510-3896, who is the distributor of the following dietary supplement product, intends to make the following statement(s) of support:

“May Promote Gains In: Power – Strength – Muscle Size – Lean Body Mass*”

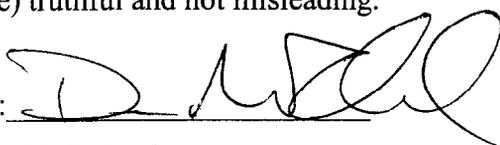
“Short term supplementation of creatine monohydrate has been shown to significantly increase muscular performance. It may help athletes workout at a higher intensity during resistance exercise.*”

“L-Glutamine helps regulate cellular metabolism and serves as fuel for cells. It also regulates cell volume and is a key building block of protein and muscle.*”

“A study of 9 healthy athletes reported on in the American Journal of Clinical Nutrition showed a 430% increase in growth hormone within 90 minutes of taking a 2 gram oral dose of L-Glutamine consumed after a light breakfast. Growth hormone is one of the body’s most anabolic (muscle building) hormones.”

These claims are being made for creatine and L-glutamine which are contained in a product named Fitness Labs® German Creatine & L-Glutamine. This submission is being made in compliance with 21 CFR §101.93.

The undersigned is an authorized representative of the Fitness Labs Nutrition Corporation and certifies that the information contained in this notice is complete and accurate, and that Fitness Labs Nutrition Corporation has substantiation that the above statement(s) is (are) truthful and not misleading.

By: 

Dan McFarland
President

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P.O. Box 3896
Torrance, CA 90510-3896

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