natural care Tom's of Maine™

Working with nature to make a difference™

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

November 25, 2003

This letter is intended to serve as official notification that Tom's of Maine, P.O. Box 710, Kennebunk, ME has begun to market the following dietary supplement products bearing statements of nutritional support as indicated:

Product name	Dietary supplement	Statement of nutritional support
Natural Immune Boost Herbal extract blend	Extracts of *Echinacea purpurea* (L.) Moench, *Echinacea angustifolia* DC. Roots and *Sambucus canadensis* L. or *nigra* L.	"to help strengthen natural defenses"
Natural Immune Boost Herbal extract blend For Children (Berry Flavor)	Extracts of *Echinacea purpurea* (L.) Moench, *Echinacea angustifolia* DC. Roots and *Sambucus canadensis* L. or *nigra* L.	"to help strengthen natural defenses"
Natural Sleep Aid Herbal Extract Blend	Extracts of *Valerian officinalis* L. *Scutellaria lateriflora* L. *Eschscholzia californica* Cham. and *Melissa officinalis* L.	"to promote restful sleep"

In addition, we have made slight formula changes and have updated the packaging for our Bronchial Syrups for Adults & Children as follows:

Product name	Dietary supplement	Statement of nutritional support
Natural Bronchial Syrup For Adults	Extract of *Thymus vulgaris* L. *Marrubium vulgare* L. *Althaea officinalis* L. and *Eriodictyon californicum* (Hook. Et Arn) Torr.	"to support healthy bronchial passages"
Natural Bronchial Syrup For Children (Black Cherry Flavor)	Extract of *Thymus vulgaris* L. *Marrubium vulgare* L. *Althaea officinalis* L. and *Eriodictyon californicum* (Hook. Et Arn) Torr.	"to support healthy bronchial passages"

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