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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

September 29, 2003

OCT - 6 2003

Dear Sir or Madam:

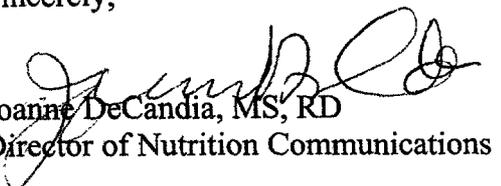
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our Low-Carb Diet™ Basics supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Phosphorus, Magnesium, Zinc, Selenium, Manganese, Chromium, Molybdenum, Potassium, Pantethine, N-Acetyl-L-Cysteine, Inositol Hexanicotinate, PABA, Citrus Bioflavonoids Complex, Quercetin, Green Tea, Choline Bitartrate, Grape Seed Extract, Boron, Vanadium, Lecithin, Garlic, Arginine, DGL Licorice, Bromelain, Pantethine, Spirulina, Inulin, Lactoferrin, Acidophilus)

- Basics is a scientifically formulated blend of vitamins, minerals, and plant-based antioxidants to help provide you with the essential nutrients you need for optimum diet support when combined with a reduced-calorie diet and exercise program.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/mb

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