

**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA and 21 C.F.R. § 101.93** OCT - 3 2003
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This notification is being filed on behalf of Eastern Wisdom Herb Company which is the producer of the product(s) which bear the statements identified in this notification. Its business address is: P.O. Box 781, Placitas, NM 87043. This notification is being made pursuant to Section 6 of DSHEA and 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling the statements appear is Serene Spirit.

- A. The text of each structure/function statement for which notification is now being given is:

(Statement 1): This formula has been used for centuries to aid sleep, calm the emotions, ease stress, and promote mental clarity and emotional well-being.

- B. The following summary identifies the dietary ingredients or supplements for which a statement has been made:

All of the structure function claims made above in A. are made for the product Serene Spirit, and in particular refer to the herbs Grass-Leaf Sweetflag rhizome, Longan fruit, Chinese Salvia root, Jujube seed, Asian Ginseng root, Polygala root.

I, Dr. Miles Sledd, DOM, am authorized to certify this notification on behalf of Eastern Wisdom Herb Company. I certify that the information presented and contained in this Notification is complete and accurate, and that Eastern Wisdom Herb Company has substantiation that each structure/function statement is truthful and not misleading.

Date Signed: 9/23/03

By: Dr. Miles Sledd, DOM
Dr. Miles Sledd, DOM
Research Consultant

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