

March 15, 2003

Food and Drug Administration  
Office of Nutritional Products Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
200 C Street, SW  
Washington, D.C. 20204

Dear Sirs:

Pertinent letters of notification for each of the products listed below were submitted to the FDA's Office of Food Safety and Applied Nutrition on their respective dates. They each contained 3 copies of the name of the product being introduced, the text of claims made pertaining to the product and the ingredients subject to the claims made.

Products included:

Basikol (8 oz.)  
The Woman's Oil (8 oz.)  
Perilla Oil (8 oz.)

Notice was hereby given pursuant to the requirements of section 403©(6) (21 U.S.C. 343r (6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Arkopharma LLC, 22N. Main Street. Newport, NH 03773, within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the label:

Please update your files accordingly with the information provided if they have not been done and do not hesitate to call me if you need further clarification.

Sincerely,

Jill Bunn  
Technical Manager  
Arkopharma, LLC  
Phone: (781) 276-0505 x20  
Fax: (781) 276-7335

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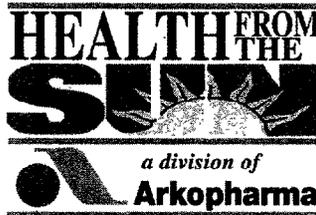
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ARKOPHARMA, LLC dba HEALTH FROM THE SUN

SALES, MARKETING & FINANCE OFFICE  
19 Crosby Drive, Suite 300, Bedford, MA 01730 Tel: 781\*276\*0505 Fax: 781\*276\*7334/7335

WAREHOUSE & DISTRIBUTION CENTER  
22 North Main Street, Newport, NH 03773 Tel: 603\*863\*8075 Tel: 800\*447\*2229 Fax: 603\*763\*9159



March 20, 2003

Food and Drug Administration  
Office of Nutritional Products Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
200 C Street, SW  
Washington, D.C. 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403 ( r ) ( 6 ) ( 21 U.S.C. 343(r )(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Arkopharma LLC, 22N. Main Street. Newport, NH 03773, within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the label:

Text of Claims:

1. This special blend of omega-3 and omega-6 fatty acids from organic Flaxseed oil and Black Currant oil, plus immune-supporting flax lignans, vitamin E and rosemary, helps women maintain hormonal balance and promotes outward beauty that comes from inner harmony and health.
2. Fortify your diet with essential fats for overall health and vitality
3. Maintain glowing skin, shiny hair and strong nails
4. Promote hormonal balance

Name of Ingredients Subject to Claim: Organic Flaxseed Oil, Organic Flax Lignans, Black Currant oil, vitamin E and Rosemary.

Name of the Supplement: Health From The Sun The Woman's Oil (liquid and soft gel)

The undersigned certifies that the information contained in this notice is complete and accurate and that Arkopharma LLC has substantiation that the statement is truthful and not misleading.

Sincerely

Jill Bunn

Technical Manager

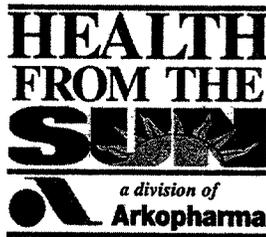
ARKOPHARMA, LLC dba HEALTH FROM THE SUN

SALES, MARKETING & FINANCE OFFICE

19 Crosby Drive, Suite 300, Bedford, MA 01730 Tel: 781\*276\*0505 Fax: 781\*276\*7334/7335

WAREHOUSE & DISTRIBUTION CENTER

22 North Main Street, Newport, NH 03773 Tel: 603\*863\*8075 Tel: 800\*447\*2229 Fax: 603\*763\*9159



May 14, 2001

Food and Drug Administration  
Office of Nutritional Products Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
200 C Street, SW  
Washington, D.C. 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Arkopharma/Health From The Sun, 22 N. Main St. Newport, NH 03773, within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the labeling:

Text of Claims:

1. a natural way to help maintain a healthy heart system
2. 800 mg of phytosterols, shown to maintain cholesterol levels that are already in the normal range
3. high in the antioxidant vitamin E

Name of Ingredients Subject to Claim: phytosterols from soy, corn and canola oils  
Name of Supplement: Basikol

The undersigned certifies that the information contained in this notice is complete and accurate and that Arkopharma/Health From The Sun has substantiation that the statement is truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Christian Seyrig".

Christian Seyrig  
Senior Vice-President

**SALES, MARKETING AND FINANCE OFFICE**  
19 Crosby Drive, Suite 300  
Bedford, MA 01730  
Tel 781•276•0505  
Fax 781•276•7334/7335

