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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 1, 2003

JUL 2 2003

Dear Sir or Madam:

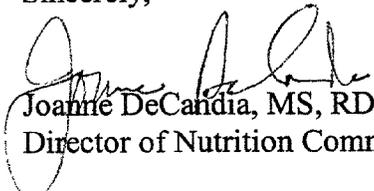
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Hops-Valerian Combination supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Hops, Valerian, Scullcap

- Anti-stress formula to support relaxation.
- Valerian works in harmony with your natural cycle to help promote relaxation.
- Hops is high in bitter substances and contains trace amounts of Vitamin C, Calcium and Iron.
- Our Hops-Valerian Combination is great for high stress days when you just want to relax and leave your busy day behind.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

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