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May 22, 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

RECEIVED
JUN 17 2003
BY: _____

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Alpha GPC (L-alpha glycerylphosphorylcholine, also known as choline alfoscerate) is a phospholipid metabolite found concentrated in neuronal membranes. Made from lecithin, Alpha GPC is extremely well absorbed and crosses the blood brain barrier.

In the brain, Alpha GPC supports brain function and learning processes by directly increasing the synthesis and secretion of acetylcholine. Alpha GPC protects neurons and improves signal transmission by serving as a precursor to membrane phospholipids. Each Jarrow Formulas[®] Alpha GPC 250 liquid-filled capsule contains 250 mg of elemental Alpha GPC.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Alpha GPC (L-alpha glycerylphosphorylcholine)

(4) Name of the dietary supplement(s)

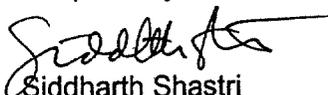
Alpha GPC 250 mg • 60 liquid capsules

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,



Siddharth Shastri
Vice President, Product Development

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