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May 21, 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

RECEIVED
JUN 17 2003

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Pyridoxine is a water-soluble B vitamin typically found in plant products including bananas, navy beans and walnuts. In the body, pyridoxine is found primarily in the liver and muscles. Pyridoxine is utilized by the liver to synthesize pyridoxal phosphate (PLP), the active coenzyme form. PLP functions as transamination and decarboxylation coenzymes, which are involved in amino acid and protein metabolism. PLP is also involved as a coenzyme in the synthesis of heme, niacin and serotonin. Alcohol impairs vitamin B6 metabolism in the body.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Pyridoxine (as Hydrochloride)

(4) Name of the dietary supplement(s)

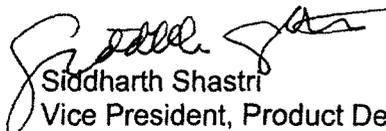
Pyridoxine 50 50 mg • 100 capsules

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,


Siddharth Shastri
Vice President, Product Development

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