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May 21, 2003

Food and Drug Administration  
Center for Food Safety and Applied Nutrition  
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)  
5100 Paint Branch Parkway  
College Park, Maryland 20740  
Reference phone #301-436-2373

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RECEIVED  
JUN 17 2003  
BY: \_\_\_\_\_

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

**CarboTame<sup>™</sup>** contains alpha-amylase inhibitors Phase 2<sup>™</sup> Starch Neutralizer and green tea to reduce digestion and absorption of carbohydrates, combined with chromium for healthy carbohydrate metabolism.

- Phase 2<sup>™</sup> Starch Neutralizer is a vegetarian glycoprotein (49,000 Daltons molecular weight), extracted from white kidney bean, capable of inhibiting pancreatic alpha-amylase.
- Green Tea is rich in catechins, which are known to inhibit alpha-amylase in the small intestine.
- Chromium from yeast contains a superior absorption organic chromium complex known as Glucose Tolerance Factor (GTF).

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Chromium (from *Saccharomyces cerevisiae*) • Phase 2<sup>™</sup> Starch Neutralizer  
• Green Tea (*Camellia sinensis*) (45% polyphenols)

**(4) Name of the dietary supplement(s)**

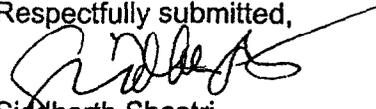
Carbotame<sup>™</sup> 60 vegetarian capsules

**(5) The following disclaimer appears on the label in bold:**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,

  
Siddharth Shastri  
Vice President, Product Development

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