

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S. C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 369-3372, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

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Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
Kaprex	A proprietary blend of reduced isoalpha acids (from hops extract, <i>Humulus lupulus</i>) Oleanolic Acid (from olive leaf extract, <i>Olea europaea</i>), Rosemary Leaf Extract (<i>Rosmarinus officinalis</i>)	Kaprex provides joint relief that is GI friendly. This powerful, proprietary combination of key plant components beneficially influences eicosanoid (e.g., PGE ²) synthesis, and has a low potential for adverse effects on the stomach lining.
Alapars	Vitamin C (as ascorbic acid), Niacin (as niacinamide) and N-Acetylcysteine.	Alapars features a synergistic blend of niacinamide and N-acetylcysteine (NAC) in a formula designed to support the health of multiple tissues and systems. These nutrients work together to interrupt a cascade of events involving reactive oxygen species, cytokines, and poly (ADP-ribose) synthetase (PARS). Activation of this cascade results in a self-amplifying cycle of events that is inversely associated with tissue and organ integrity. Niacinamide disrupts this

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		cycle by inhibiting PARS, while NAC works by preventing the free radicals that drive the cycle forward. In addition, both nutrients inhibit the cytokine, tumor necrosis factor- α . By interrupting this cascade, niacinamide and NAC may help to promote healthy joints, as well as support the health of gastrointestinal, neurologic, pancreatic, and other tissues.
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THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.

Date June 27, 2003

Metagenics, Inc.

BY: Susan Y. Campbell
Susan Y. Campbell
General Counsel