



August 22, 2003

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

Pharmavite Reference: 9603 P20AC

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name and address of manufacturer:
Pharmavite LLC, PO Box 9606, Mission Hills, CA 91346

(2) Text of the statement(s):
B-Complex for environmental and stress defense system for the skin.

B-Complex is especially formulated for women. It enhances the body's energy level and helps the body and skin cope with environmental stress.

Niacin and Pantothenic Acid are important for overall health and for beautiful skin.

Antioxidants Vitamins C and E help neutralize free-radicals that contribute to skin oxidative damage.

Biotin helps maintain healthy skin and nails, even during stress.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:
Vitamin C (Ascorbic Acid & Niacinamide Ascorbate)
Vitamin E (dl-Alpha Tocopheryl Acetate)
Vitamin B1 (Thiamin Mononitrate)
Vitamin B2
Niacin (Niacinamide Ascorbate)
Vitamin B6 (Pyridoxine Hydrochloride)

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Re: 9603 P20AC
August 22, 2003
Page 2

Folic Acid
Vitamin B12
Biotin
Pantothenic Acid (d-Calcium Pantothenate)

- (4) Name of the dietary supplement(s):
Super B-Stress Defense or products containing the above ingredients as a single ingredient or in combination with other ingredients.

The above statement(s) may be used in one or more of the following brands of products: B.J.'s Wholesale, Kirkland Signature, Nature Made, Nature's Resource, Nutri - Plus, Olay, Spring Valley, Target, TruNature, Walgreens.

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

David Kropp
Director, Regulatory and Consumer Affairs

cc. P. Bolar