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RECEIVED
SEP 09 2003
August 14, 2003
BY: _____

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

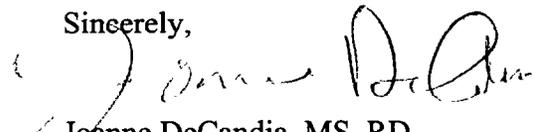
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Black Cohosh supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Natural Menopausal Relief
- Helps Alleviate Hot Flashes and Night Sweats
- Supports/Promotes Menopausal Health
- Recent studies have highlighted the need for natural menopausal relief. Black Cohosh has been successfully used in Europe for decades to alleviate the symptoms of menopause, including hot flashes, night sweats and mild mood changes.
- This non-synthetic answer to menopausal relief is perfect for women during the years around menopause.
- It is a holistic solution to a natural stage of life.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

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JD/dc