

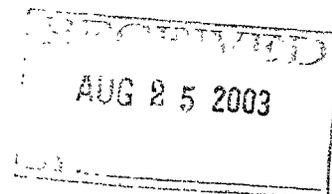


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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

August 5, 2003



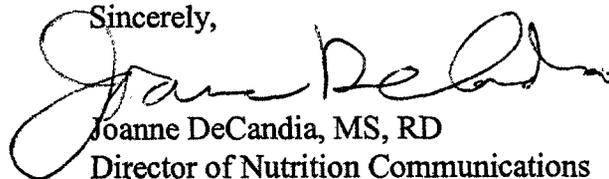
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Blueberry supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Antioxidant Support.
- The blueberry plant is rich in anthocyanins and chlorogenic acid – two phytochemicals that act as antioxidants.
- Blueberries have one of the highest oxygen radical absorbance capacities (ORAC) available for fruits and vegetables.
- Chlorogenic acid possesses antioxidant properties that may help neutralize cell-damaging free radicals.
- Studies have shown that oxidative stress caused by free radicals may contribute to aging of cells.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

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