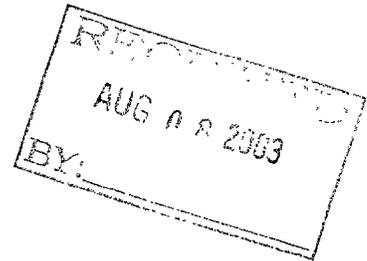




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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 29, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Flash Fighters™ supplements under the Radiance label:

Ingredients: Soy Concentrate, Black Cohosh Extract, Dong Quai, Licorice, Vitex Extract

- A Natural Solution to Natural Menopausal Changes
- Helps Alleviate Menopausal Symptoms
- For Hot Flashes, Night Sweats and Mild Mood Changes
- Flash Fighters™ contains some of the most important ingredients for menopausal symptoms including Soy Concentrate, Black Cohosh and Vitex Extract (Chasteberry).
- These non-synthetic, holistic, active ingredients help alleviate the hot flashes, night sweats and mood changes associated with the menopausal years.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/nk

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