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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 23, 2003



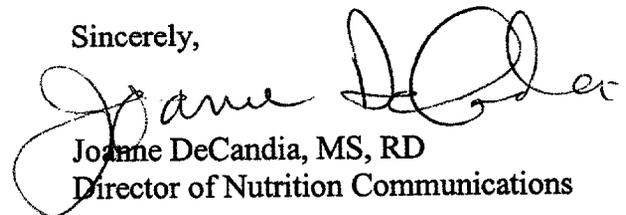
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Iron supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Supports/promotes energy utilization.
- Helps maintain energy utilization.
- Helps promote iron-rich blood.
- Iron is a vital component of hemoglobin, which carries oxygen from the lungs to all tissues of the body.
- Iron is also important for energy utilization.
- As a necessary nutrient, iron supports energy utilization in the body.
- Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.
- Ferrous Sulfate contains the iron your body needs each day for optimal functioning.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

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