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July 18, 2003

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Mega Vita Min For Teens/Ultra Teen supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Choline, Inositol.

- Mega Vita Min For Teens/Ultra Teen contains:
  - At least 100% of the daily value for vitamins A, C, and E, three powerful antioxidants that play a role in protecting the body from the cell-damaging nature of free radicals.
  - Vitamin D, which supports Calcium absorption and the immune system.
  - B-Vitamins for energy metabolism, cell growth and nervous system health.
  - Iron, which plays a role in delivering oxygen to the cells, including muscle cells.
  - Plus a host of other nutrients that help in maintaining good health.
- Mega Vita Min for Teens/Ultra Teen contains the vitamins, minerals and nutrients teens need for immune system health, bone health, muscular development, cell growth, and much more!

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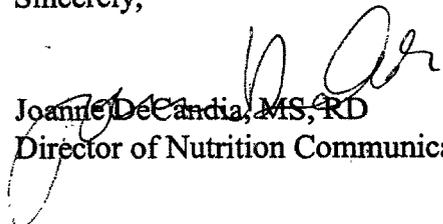
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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Joanne DeCandia, MS, RD  
Director of Nutrition Communications

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