



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 567-1953

7713 105 01 0054

JUL 28 2003

July 18, 2003

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

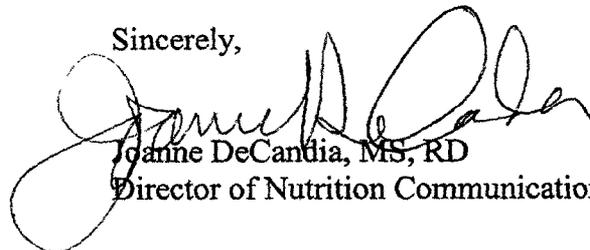
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our B-100 Complex supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Choline Bitartrate, Para-Aminobenzoic Acid, Inositol, Alfalfa, Watercress, Parsley, Lecithin, Rice Bran.

- Supports/promotes nervous system health and energy metabolism.
- The B-Complex is essential for the maintenance of a healthy nervous system.
- The B vitamins play a role in energy metabolism in the body.
- Choline and Inositol are essential components of cell membranes and play important roles in cell growth and function.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,



Joanne DeCantia, MS, RD
Director of Nutrition Communications

JD/je

975 0162

LET

12457

85272