

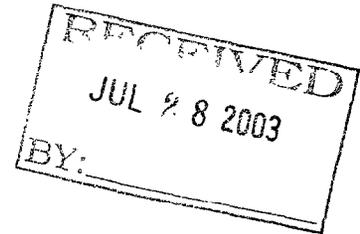


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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 17, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Folic Acid supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

- Helps maintain cardiovascular health.
- Folic Acid is part of the B Vitamin grouping of essential nutrients.
- B Vitamins support energy metabolism and nervous system health.
- In addition, Folic Acid is part of a triad of vitamins - along with Vitamin B-6 and Vitamin B-12 - that supports heart health.
- Folic Acid is also an important vitamin for women.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia
Joanne DeCandia, MS, RD
Director of Nutrition Communications

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