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Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

July 23, 2004

AUG - 6 2004

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name and Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Statements:

Lactase (B-D-Galactosidase) is an enzyme that reduces lactose (a disaccharide) to its subunit sugars glucose and galactose. Dietary lactose, often found in dairy foods, can cause gastrointestinal disturbances (dairy intolerance). Scientific studies show lactase aids in the digestion and tolerance of lactose. Each 100 mg vegetarian capsule of Lactase provides 9,000 FCC units of lactose digesting activity.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

B-D-Galactosidase (as Lactase enzyme) (Fermented from *Aspergillus oryzae*)

(4) Name of the dietary supplement(s):

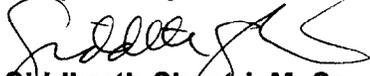
Lactase Enzyme — 100 mg, 60 capsules

(5) The following disclaimer appears on the label in bold:

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of the nutrients.

Respectfully submitted,


Siddharth Shastri, M. Sc.
Vice President, Product Development

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