

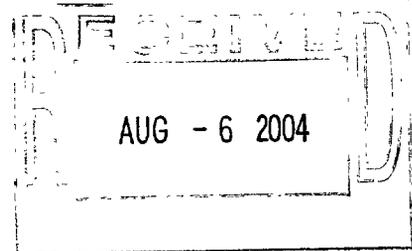
1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886
www.Jarrow.com

FAX NUMBERS

Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

July 23, 2004



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name and Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Statements:

Glucosamine + Chondroitin + MSM Combination provides efficacious quantities of Glucosamine Sulfate, Chondroitin Sulfate, and MSM combined with Vitamin C and Manganese for optimizing joint health. Glucosamine Sulfate is an essential component of joint tissue and can be utilized to produce synovial fluid, which lubricates the joints. Sulfur is also utilized in the production of cartilage tissue. Chondroitin Sulfate stimulates the synthesis of hyaluronic acid (a component of synovial fluid) which is the lubricant for joints as well as a major component of connective tissue in the skin. Methyl-Sulfonyl-Methane (MSM) is an organic source of sulfur, an antioxidant mineral and critical component of structural body tissues such as cartilage. The sulfur from MSM is incorporated into joint tissues as glycosaminoglycans (or mucopolysaccharides) such as chondroitin sulfate and hyaluronic acid. Vitamin C and Manganese are required for the synthesis of collagen and cartilage. For best results, use with BioSil™, the concentrated Biologically Active Silicon to further support joint and connective tissue, and for stronger, healthier bone, joint and skin.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Vitamin C, Manganese, Glucosamine Sulfate, Chondroitin Sulfate, Methyl-Sulfonyl-Methane

(4) Name of the dietary supplement(s):

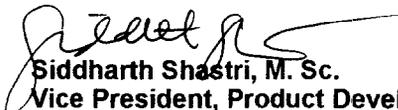
Glucosamine + Chondroitin + MSM Combination — 240 capsules

(5) The following disclaimer appears on the label in bold:

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of the nutrients.

Respectfully submitted,


Siddharth Shastri, M. Sc.
Vice President, Product Development

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