

81886

Planetary Formulas®
Soquel, CA 95073

September 3, 2002

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204



RE: 21 U.S.C. 343(r)(6), Notification of Statements on Dietary Supplements

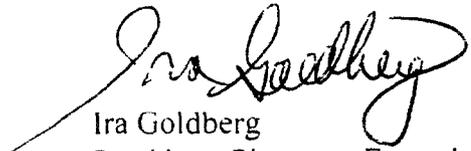
Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Full Spectrum™ Arjuna a dietary supplement. Planetary Formulas® is the manufacturer Full Spectrum™ Arjuna.

Statements being made in the labeling of Full Spectrum™ Arjuna:

- (1) *Terminalia arjuna* is a deciduous tree found throughout India, the bark of which has been used in traditional Ayurvedic herbalism to support cardiovascular health for over three centuries.
- (2) According to animal research, *Terminalia arjuna* may help maintain healthy phospholipid and triglyceride levels, and has demonstrated antioxidant activities comparable to vitamin E.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Planetary Formulas® possesses substantiation that the statements are truthful and not misleading.


Ira Goldberg
President, Planetary Formulas

97S 0162

LET

11008