

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR § 101.93

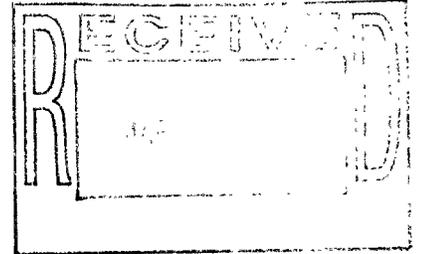
This notification is being filed on behalf of Designs for Health which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 2 North Rd East Windsor CT 06088. This notification is being made pursuant to Section 6 of DSHEA and 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling the statements appear is Inositol Packets.

A. The text of each structure-function statement for which notification is now being given is:

(Statement 1): "Relax Formula"

(Statement 2):

(Statement 3):



B. The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1.	Inositol
2.	
3.	

C. The following identifies the brand name of each supplement for which a statement is made: (Complete this section only if the supplement(s) were not identified in Paragraph B.)

<u>Statement Number</u>	<u>Brand Name</u>
1.	Designs for Health, Inc.
2.	
3.	

I, Robert Crayhan, am authorized to certify this Notification on behalf of Designs for Health. I certify that the information presented and contained in this Notification is complete and accurate, and that Designs for Health has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 2/22/02

By: [Signature]
[Name] Robert Crayhan
[Title] President