

**NOTIFICATION PURSUANT TO**  
**SECTION VI OF DSHEA**

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® 5-HTP, Product #12844** bearing the statement(s) set out below:

**Weider Nutrition International Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure/function claim is as follows:

**Packaging:**

**(Statement 1)** 5-HTP (L-5-Hydroxytryptophan) is a building block of serotonin, a neurotransmitter important in regulating mood, sleep and appetite.

**(Statement 2)** As 5-HTP promotes serotonin and other brain neurotransmitter levels, it helps support an improved sense of well being and helps balance the body's sleep patterns.

**Website:**

**(Statement 1)** Primary Use: Mood

**(Statement 2)** Secondary Uses: Sleep and appetite

**(Statement 3)** In the body 5-HTP is converted into serotonin (a potent neurotransmitter in the brain that regulates mood, sleep, appetite, and other brain-related functions). 5-HTP helps support an improved sense of well being.

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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of June, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI  
Vice President of Research