

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Lecithin Granules, Product #11002** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Packaging:

- (Statement 1)** Supports healthy brain function
- (Statement 2)** Lecithin contains phosphatides, which support healthy function of all cell membranes.
- (Statement 3)** Lecithin contains choline which is used in the body to manufacture brain neurotransmitters.
- (Statement 4)** Lecithin supports healthy cardiovascular function and helps maintain healthy brain function.

Website:

- (Statement 1)** Primary Uses: Cardiovascular health, cell membrane synthesis, brain and nerve function.
- (Statement 2)** Secondary Uses: Liver health and digestive aid.
- (Statement 3)** lecithin also helps dissolve cholesterol and fats in the blood. Lecithin supports a healthy cardiovascular system.
- (Statement 4)** Lecithin and the choline it contains, help to maintain healthy brain function.
- (Statement 5)** Some older adults may experience improvement in memory after ingesting Lecithin granules over a period of time.

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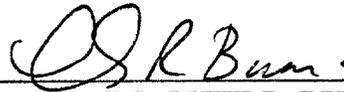
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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of June, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research