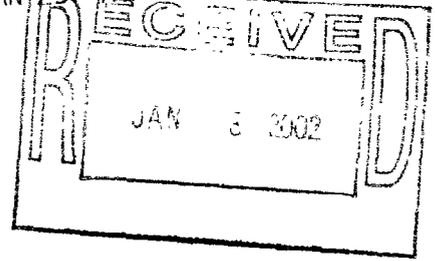


Natural Factors Nutritional Products Inc.

5890 '02 JAN 23 10:35



December 3, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Milk Thistle

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

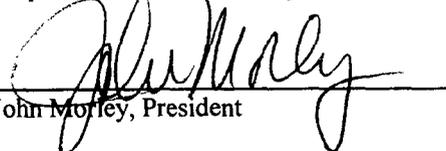
Text of side Panel: **Natural Factors Standardized Milk Thistle Extract is standardized to 80% Silymarin, a mixture of valuable flavonolignans. Numerous clinical studies show that Silymarin supports and promotes liver function in healthy individuals. It provides a protective, antioxidant effect on the liver, fortifying it against the undesirable effects of alcohol, smoke and harmful chemicals. These special qualities make it especially valuable for people in polluted environments. Dandelion and Turmeric have been traditionally used and scientifically studied for their support of liver health.***

Text of PDP: SUPPORT FOR NORMAL LIVER FUNCTION*

Name of dietary ingredient that is the subject of statement: Milk Thistle

Name of dietary supplement: Milk Thistle Extract 250mg

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

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