

Tabak's HEALTH PRODUCTS

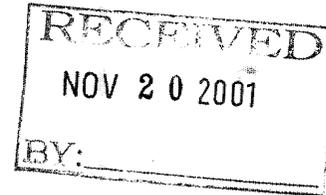
A Corporation

Our Guiding Philosophy:
Superior, Science-Based
Nutritional Supplements

4485 '01 NOV 27 P1:40

November 14, 2001

Mr. Robert Moore
Food and Drug Administration
200 C. Street SW
Washington, DC 20204



Dear Mr. Moore,

In compliance with the final ruling for Dietary Supplements dated January 6, 2000
here are copies of our offers for your files:

Sincerely,

Cindy Nydell
Cindy Nydell

Enclosures

975-0162

LET 8872



Our Guiding Philosophy:
Superior, *Science-Based*
Nutritional Supplements

I, Lawrence Tabak, certify the accuracy of the information presented and contained in the notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

To the best of my knowledge and belief, I believe the above is true.

A handwritten signature in black ink, appearing to read "Lawrence Tabak", written over a horizontal line.

Lawrence Tabak,
President

It seems odd to me because our customers - lots of them - say it helps maintain healthy joints. It does so by helping your body produce more collagen - the building blocks of your joint cartilage. With sufficient cartilage your joints can function normally, without grinding together.

In addition, Mega JointWellness™ supplies a glucosamine/chondroitin complex that supports tissue, ligament, and muscle health as well as enhances the elasticity of your cartilage. Mega JointWellness™ truly is EXCELLENT in helping to give your joints a full range of motion.

Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

Free 30-Day Trial

[DATE]

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
for a postage paid reply label.

[CUSTOMER#]

[KEY CODE]

[FINDER#]

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

SEXUAL ENERGY. PERFORMANCE. LIBIDO.
How to Have More of It...

[Date]

Dear [Firstname],

You've been selected to receive a Free 30-Day Trial of an all-natural supplement to enhance your sex drive.

If your brain says "yes" but the rest of you says "no", you must send for your Free 30-Day Trial of SuperAmoré™.

It's safe. 100% natural. Drug and chemical free.

Most importantly, its ingredients can help to:

- Improve your sexual energy¹
- Enhance your performance²
- Maintain your sexual endurance³
- Heighten your sensitivity⁴
- Increase your sexual prowess¹
- Boost your staying power²

In addition, SuperAmoré™ is made from special herbal ingredients...

Proven to Help "Jump Start" Your Sexual Batteries!

Want more good news [,Firstname]? Both men and women can benefit from this amazing product. Just swallow two small tablets per day with your meal. What could be easier than that?

Sex is more than just happiness. It's self-esteem. It's loving yourself. It's loving another.

It's loving life!!

30-DAY FREE TRIAL

YES! I want to have more sexual energy. Performance. Libido. Please rush my **FREE 30-DAY TRIAL** of SuperAmoré™ to try out.

If I don't want SuperAmoré™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$29.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

Mail To:
Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

Mail Free Trial Coupon Today!

X _____

Sign name here

- 2 -

"more-than-fair" offer.

Have you ever experienced age-related declines in stamina? Performance? Libido?

As you get older...are you sliding down that slippery slope to...

NO MORE SEX?

If so, just "try" SuperAmoré™ - with No risk and No obligation for 30 days. Plus, it contains No yohimbe bark. No side effects. Nothing to be concerned about.

SNOOZE - YOU LOSE

Do yourself a favor... Why live with this situation?

Instead, give yourself a real boost of confidence. Rediscover the magic of love - the joy of intimacy once again.

Detach your Free Trial Coupon. Sign it. Pop in it the mail. That's how easy and convenient it is to begin increasing your sexual energy. Send for it immediately. Prove it to yourself. Start feeling younger and more alive.

Looking forward to hearing from you,



Alex Nava
for SuperAmoré™

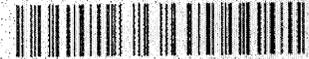
P.S. Sexual Energy. Performance. Libido. You can have more of it by sending for your Free 30-Day Trial of SuperAmoré™. Clip your enclosed coupon. Mail it today.

Free 30-Day Trial Personal Invitation

[DATE]

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
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[Firstname Lastname]
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[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

Get Thinner With a Free 30-Day Trial of Nature's Shape™
And Get Your "Secrets to Natural Weight Loss Guide" Absolutely Free!

To: [Firstname] [Lastname]
[Street Address]
[City],[State] [Zipcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

This special Free Trial invitation is being sent to only a
handful of people, *yourself included*.

Accept, and in just a few, short weeks you're going to begin
losing weight. Lots of it. Fit into your "skinny clothes." And
feel great!

Intrigued? So was I.

One lucky day, I took a perpetually slender friend to lunch
for her birthday. When the chocolate cake came...

She Had Two Bites And Pushed It Away - With A Smile!

I'd never seen that kind of willpower before. I certainly
didn't have that sort of restraint. When I expressed my
surprise - and envy - she beamed, and said just two words:

Nature's Shape™.

[Firstname,] I wanted - no needed - to know more. Here's what
she revealed... Nature's Shape™ uses all-natural ingredients -
precious gifts from Mother Nature - to help you shed extra pounds.

It's So Easy to Use

There's NO starvation. NO counting calories. Nothing to mix.
No special meals to prepare. Nothing expensive to buy.

Just the opposite. Swallow one or two Nature's Shape™
capsules a day and watch as YOU push the cake away *after two*

30-DAY FREE TRIAL

YES! I want to slim down and enjoy the figure (and waistline) I've always dreamed about. Please rush my **FREE 30-DAY TRIAL** of all-natural Nature's Shape™. It will help to decrease my appetite and increase my energy.

If I don't want Nature's Shape™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$25.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

P.S. You'll also enclose my **ABSOLUTELY FREE** "Secrets to Natural Weight Loss Guide" - mine to keep no matter what.

Mail To:

Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

(Make Corrections To Your Name or Address on Other Side if Needed)

Tear Here and Mail Invitation Today!

X _____

Sign name here

-2-

you resist snacking and overeating by making you feel really full.

Reason #2: Increased energy. Nature's Shape™ helps boost your metabolism. The result? More energy to get through your day.

Reason #3: "Secrets to Natural Weight Loss Guide" - Absolutely Free.

Inside this amazing guide you'll discover...

- * The latest, scientifically proven methods for weight loss.
- * How to shed excess weight and tone your body without starvation diets or counting calories.
- * The secret to keeping your weight off for good!

This special guide is yours to keep, no matter what.

Ready to begin losing weight? Look more svelte? And sexy?

Send for Nature's Shape™. Use it for a full month - risk free. If you're satisfied after 30 days, pay the bill. If not, simply return the empty bottle and owe us nothing. Not a penny!

**There's Nothing to Lose Because You
Don't Pay Us A Cent Unless You're Satisfied.**

Don't wait another minute. Take your personal 30-Day Free Trial Invitation. Sign it. Mail it. Today.

To your beautiful new look,

Warmly,

Shaunna Stokes

Shaunna Stokes
For Nature's Shape™

P.S. Get thinner with a Free 30-Day Trial of Nature's Shape™. Take your personal invitation. Sign it. Mail it. Do it for

Free 30-Day Trial

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
for a postage paid reply label.

[DATE]

[KEY CODE]

[Firstname Lastname]

[CUSTOMER#]

[Street Address]

[City, ST Zipcode]

[FINDER#]

[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

Enhance Your Memory. Sharpen Your Mental Focus.
A Free 30-Day Trial Is Waiting for You

To: [Firstname] [Lastname]
[Street Address]
[City], [State] [Zipcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

Years ago, I had an argument with my father. He ended it by saying,
"Listen, I've forgotten more than you know."

The bad news - for both of us - was that he was right!

It's a scientific fact that memory and other vital mental processes
diminish with age. As we grow older, we experience a gradual reduction of
blood flow to the brain. With that comes a decline in the metabolic
activities of our brain cells. Memory fades. We just don't think as
quickly as we used to.

What's that, you say? "That's life? That's just the way it is?"

Maybe 20 Years Ago[, Firstname]. But Not Anymore!

Now you can fight back. We've got the tools, and we invite you to try
them for yourself, with absolutely no risk, for a full 30 days.

ThinkCaps™ is a unique, scientifically developed formula designed to
energize your brain. Sharpen your memory. Speed up your mental processes.

**The Key Ingredients Blend the Wisdom of the Ages
With the Latest Laboratory Breakthroughs.**

Here's what's been published about them in leading medical journals...

Mail Free Trial Coupon Today

Sign name here

Vinpocetine, which has been available for the last 25 years in Europe, has a powerful stimulating effect on memory.⁴ It increases metabolism of the brain in three important ways: It pumps up blood flow, increases the rate at which brain cells produce ATP (a cell molecule that unleashes energy), and speeds up the use of glucose and oxygen.⁵ Result: Your brain cells process and retain information more efficiently.

Phosphatidyl serine is another amazing ingredient that combats occasional "memory meltdown." It plays a key role in nerve cell membranes and helps transform glucose into energy.⁷

Why a Free 30-Day Trial?

Simple. It's because we're absolutely confident that ThinkCaps™ will really help your concentration. Your memory recall. Your mental focus. That you'll notice a difference, in just a few days!

Send for it. Try it yourself for a full month. If you're 100 percent delighted - and I'm sure you will be - pay the bill that comes with it. If not, just return the empty container. Your bill will be cancelled. No questions will be asked. You won't owe us a cent!

Can anything be fairer than that?

Experience the power of ThinkCaps™ for yourself.

Tear Off the Free Trial Voucher. Sign it. Pop it in the Mail.

Take action now!

Sincerely,

Lilia Alcalá

Lilia Alcalá

For ThinkCaps™

P.S. You can enjoy sharper memory. Better concentration. Send for your Free 30-Day Trial of ThinkCaps™. Do it now - while it's still fresh in your memory.

- Supporting References -

1. Diamond BJ, et al. "Ginkgo biloba extract: mechanisms and clinical indications." Archives of Physical Medicine and Rehabilitation 2000 May;81(5):668-78.
2. Closter F. "Ginkgo biloba extract. State of knowledge in the dawn of the year 2000." Ann Pharm Fr 1999 Jul;57 Suppl 1:1S8-88.
3. Kennedy DO, et al. "The dose dependent cognitive effects of acute administration of Ginkgo biloba to healthy young volunteers." Psychopharmacology (Berl) 2000 Sep;151(4):416-23.
4. Subhan Z, et al. "Psychopharmacological effects of vinpocetine in normal healthy volunteers." European Journal of Clinical Pharmacology 1985;28(5):567-71.
5. Kidd PM. "A review of nutrients and botanicals in the integrative management of cognitive dysfunction." Alternative Medicine Review 1999 Jun;4(3):144-61.
6. Bonoczk P, et al. "Role of sodium channel inhibition in neuroprotection: effect of vinpocetine." Brain Research Bulletin 2000 Oct;53(3):245-54.
7. Heiss WD, et al. "Abnormalities of energy metabolism in Alzheimer's disease studied with PET." Annals of the New York Academy of Science 1991;640:65-71.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

F-5005

Tabak's Health Products

Superior, Science-Based Nutritional Supplements
3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

20/20 Caps™ are specially formulated to help nourish your eyes by supplying the nutrients you need to support vision and eye health, as you age.

20/20 Caps™ contain vitamin A, vitamin C, zinc, selenium, bilberry, mixed carotenoids, and lutein.

Lutein is a key component of your eye's retina.

Evidence has been found that carotenoids and vitamin C and E help support your retinal pigment.

HeartShield™ is one of the best comprehensive supplements I've ever seen to support and maintain a healthy heart. It contains...

Coenzyme Q10: important for maintaining a healthy heart muscle.

Vitamin E: a powerful antioxidant which helps promote a healthy circulatory system.

Selenium: helps protect red blood cells and other cell membranes.

Magnesium: helps maintain healthy artery walls and normal blood pressure.



Tabak's Health Products

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Products

- 20/20 Caps™
- Arthritis-Ease®
- BetiPlus™
- BoneKeeper™
- CholestLo™
- DreamCaps™
- EnergyCaps™
- GluChon 1500™
- GoodMood Food™
- HeartShield™
- HereWeGrow™
- Legulax™
- Mega JointWellness™
- The MegaWellness™ System
- Nature's Shape™
- PotencyPlus™
- ProstLo™
- ReFaze™
- ReguCleanse™



Is Thinning Hair Making You Feel Self Conscious?

Say Hello to Hair That Appears Fuller, Healthier, and Sexier.

Do you ever...

- have to arrange your hair to hide the thin spots?
- feel more hair conscious?
- Less attractive? Older?
- have to wear a hat? Even indoors?

If so, now you can acquire the confidence that comes from having hair that looks thicker, healthier, and fuller. The ingredients in all-natural Here-We-Grow™ help to...

- empower your natural hair growing mechanism
- provide building blocks to build up Keratin - a key component of your hair
- supply vital nutrients that support normal hair growth

All these benefits are possible with a nourishing formula that goes directly to the root - literally speaking.

\$25.97 [Click Here! To Order](#)

Contains:
 Biotin, Folic Acid, Zinc, Vitamin B5, Vitamin B3, Foli extract, MSM, Hydrolyzed collagen, and Horsetail extract.



30-Day Risk Free

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Tabak's Health Products

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CholestLo™

DreamCaps™

EnergyCaps™

GluChon 1500™

GoodMood Food™

HeartShield™

HereWeGrow™

Legulax™

Mega JointWellness™

The MegaWellness™ System

Nature's Shape™

PotencyPlus™

ProstLo™

ReFaze™

ReguCleanse™



How to Keep Your Digestive Tract Regular

The All-Natural Solution to Help Maintain Bowel Regularity

RegularOne™ is an all-natural way to...

- Stay "regular" by helping to promote healthy intestinal tract functions.
- Stay comfortable with your bowels working properly.
- Stay active and keep your digestive system in balance.

RegularOne™ works like a charm.

Most importantly? You won't suffer the embarrassment of a sudden "rush to the bathroom." Or any other nasty side effects.

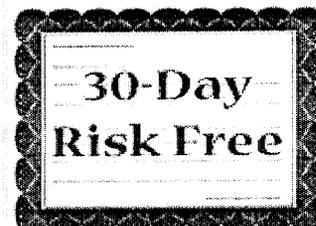
Instead, it's mild to your system. It works in harmony with your body to promote digestive tract regularity and help you...

Eliminate That "Heavy" Feeling

Intrigued? Here are some more great reasons to send for RegularOne™:

- Reason #1: Helps keep your bowels moving and promotes regular bowel movements.
- Reason #2: No psyllium seeds or anything allergic.
- Reason #3: Contains NO harmful chemicals.
- Reason #4: It's 100% natural.

The best part? These gelcaps are a breeze to take. And easy to swallow. No fussing with messy powder or mixes.



ShapeSaver™

\$19.97

[Click Here!
To Order](#)

Slimming Tea™

SuperAmoré™

Contains:
Flax Seed Oil, Apple Pectin

ThinkCaps™

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VitalOne™

Free 30-Day Trial

~ waiting for you ~

No Risk To You

If at any time you would like postage to respond to this offer or return product, call 1-800-749-3937 for a postage paid reply label.

[DATE]

[KEY CODE]

[CUSTOMER#]

[FINDER#]

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

Feel Younger and Healthier With a Free 30-Day Trial
of This Super Anti-Aging Antioxidant

[Firstname] [Lastname]
[Street Address]
[City], [State] [Zipcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

Would you like to look and feel younger?

Wish you had more energy?

Want to slow down the "normal" aging process?

If you answered "yes" to any of these questions, you should definitely...

Send for Your Free 30-Day Trial of VitalOne™.

Here's why:

"Bad things" - such as cigarette smoke. Exhaust fumes. Radiation. Excessive sunlight. Stress - all harm your body. So does eating junk food. And breathing "city air."

How? The answer is simple. They give rise to free radicals.

Molecular Renegades That Wreak Havoc in Your Body.

AY FREE TRIAL

YES! I want to fight free radicals and slow down the aging process. I want to look and feel much younger. Please rush my **FREE 30-DAY TRIAL** of VitalOne™ super anti-aging, antioxidant. If I don't want VitalOne™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay only \$29.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

Mail To:

Tabak's Health Products
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Costa Mesa, CA 92626-3407

X _____

Sign name here

Mail Free Trial Coupon Today!

-2-

vitamins, minerals and nutrients that help protect you against free radicals like ferocious killer bees defending their queen!

There's never been another "cell-protecting," "anti-aging" product like VitalOne™ to help keep you looking and feeling younger, naturally.^{1,2}

**A Free 30-Day Trial is Waiting for You.
Just Clip the Coupon. Mail It.**

Try VitalOne™ for a full 30 days. If you're satisfied, pay the bill that comes with it. If you aren't - for any reason - simply return the empty container. No questions will be asked. Your bill will be cancelled and you won't owe us a dime.

What could be fairer than that?

Want to increase your energy? Boost your vitality? Look and feel much younger? There's only one thing to do:

Zap Your Free Radicals!

Get your Free 30-Day Trial of VitalOne™ today. Within days you'll start to feel younger, more re-energized and revitalized, *from the inside out*.

Clip your special Free Trial Coupon. Sign it. Pop it in the mail. Today!

To Life,

Kimberly Penttala

Kimberly Penttala
For VitalOne™

P.S. This amazing antioxidant helps prevent cell damage.

"Pooped Out?" Or "Perked Up?" You Made the Smart Choice!

Dear friend,

Here's an exciting opportunity for you to try Dynergy™.

The ingredients found in Dynergy™ are scientifically proven to give you a lift, even when you're feeling tired and sluggish.

Dynergy™ contains no drugs. No harsh chemicals. Nothing "artificial."

How much better would you feel with a higher natural energy level? With more stamina on the job? More zing at play? Extra enthusiasm for quality time with your family?

So empower yourself with these proven, potent energizers from the far corners of the Earth:

Published Reports

◆ **Guarana** comes from the Amazon rainforest of Brazil, where it's still harvested and processed by hand. It's famous for its power to fight fatigue and increase mental alertness.^{1,2,3,4}

◆ **Kola Nut** has likewise long been favored in its native area of West Africa, because it's so rich in stimulants. And Germany's prestigious Commission E has approved its use for mental and physical fatigue.^{4,5}

◆ **Green Tea** from China has

been the subject of countless studies over the years verifying its healthy antioxidant properties. New research has shown it not only acts as a natural "perk-up," but also helps release energy stored in body fat, suggesting it can play a key role in weight control as well.^{6,7}

◆ **Ginseng**, prized for centuries in Asia for a wide range of healthy effects, was found in a recent double-blind, randomized clinical study to significantly improve "quality-of-life."^{8,9}

◆ **B Vitamins** are essential to a healthy energy level. Because they're water-soluble, however, your body stores them only briefly, so they need to be constantly replenished.¹⁰

Dynergy™ harnesses all these powerful ingredients to give you the energy you need to perform your best all day long!

Proper Dosage

Dynergy™ works very quickly. For best results, take two capsules a day. But don't take within four hours of your normal bedtime, or it might interfere with your sleep.

P.S. Dynergy™ is a safe and effective, all-natural product for boosting your mental and physical energy levels when used according to label directions. Please do begin taking it today.



Friendly, knowledgeable customer service is a top priority at Tabak's Health Products.

Supporting References

1. Henman AR "Guarana (Paullinia cupana var. sorbilis): ecological and social perspectives on an economic plant of the central Amazon basin." *J Ethnopharmacol* 1982 Nov;6(3):311-38.
2. Carlson M, Thompson RD "Liquid chromatographic determination of methylxanthines and catechins in herbal preparations containing guarana." *J AOAC Int* 1998 Jul-Aug;81(4):691-701.
3. Espinola EB, Dias RF, Mattei R, Carlini EA "Pharmacological activity of Guarana (Paullinia cupana Mart.) in laboratory animals." *J Ethnopharmacol* 1997 Feb;55(3):223-9.
4. Morton JF "Widespread tannin intake via stimulants and masticatories, especially guarana, kola nut, betel vine, and accessories." *Basic Life Sci* 1992;59:739-65.
5. Blumenthal M, ed. "The Complete German E Monographs, Therapeutic Guide to Herbal Medicines." 1998:113-114.
6. Dulloo AG, Duret C, Rohrer D, Girardier L, Mensi N, Fathi M, Chantre P, Vandermander J "Efficacy of a green tea extract rich in catechin polyphenols and caffeine in increasing 24-h energy expenditure and fat oxidation in humans." *Am J Clin Nutr* 1999 Dec;70(6):1040-5.
7. Dulloo AG, Seydoux J, Girardier L, Chantre P, Vandermander J "Green tea and thermogenesis: interactions between catechin-polyphenols, caffeine and sympathetic activity." *Int J Obes Relat Metab Disord* 2000 Feb;24.
8. Caso Marasco A, Vargas Ruiz R, Salas Villagomez A, Begona Infante C "Double-blind study of a multivitamin complex supplemented with ginseng extract." *Drugs Exp Clin Res* 1996;22(6):323-9.
9. Ziemba AW, Chmura J, Kaciuba-Uscilko H, Nazar K, Wisnik P, Gawronski W "Ginseng treatment improves psychomotor performance at rest and during graded exercises in young athletes." *Int J Sport Nutr* 1999 Dec;9(4):371-7.
10. Manore MM "Effect of physical activity on thiamine, riboflavin, and vitamin B-6 requirements." *Am J Clin Nutr* 2000 Aug;(72)(2 Suppl):598S-606S.

(over, Please)

Superior, Science-Based Nutritional Supplements

Some people wonder how Tabak's Health Products - which started just eight years ago - became a *leading* direct marketer of nutritional supplements.

Actually, the answer is quite simple. It's because of our core belief that, above all else, we must provide **superior, science-based nutritional supplements, that improve the quality of your life.**

Take Grape Seed Extract, a prime ingredient in our VitalOne™ antioxidant product, as an example.

Studies suggest that Grape Seed Extract, standardized to contain no less than 95% Proanthocyanidins, has a powerful anti-oxidant effect. It works by fighting free radicals and helps protect cells from damage.

Why's this important to you? Because non-standardized Grape Seed Extract will not have the same effect.

What we do in our research department is select ingredients for our formulas that are based on science.

This means we search for clinical studies that show how an ingredient actually affects the structure or function of your body in a beneficial way.

We dig further to

see what daily dose was used in the study.

We look at the specification or standardization of the ingredient.

Then, when we order our raw materials, we insist on receiving a Certificate of Analysis to verify it meets our standards. (See the example.)

More importantly, the ingredients we select are *not* based on cost alone! (In the case of Grape Seed Extract, non-standardized material is 70% cheaper than what we use.)

When it comes to your body and your health, believe us, *you want the best.*

Our pledge to you

You get superior, science-based formulas.

Plus, the ingredients are supported by clinical trials proving how they affect the

structure and function of your body in a positive way.

The bottom line? Our formulas can *actually* enhance your health and impact your quality of life, like never before! Therefore, they are worth *far more* than the small amount we ask for them! You have our word on it!



Supplement Facts		
Serving Size: Two (2) Tablets Servings Per Container: 30		
Amount Per Serving	% Daily Value	
Vitamin E (as dl-alpha tocopherol acetate)	200 IU	667%
Vitamin C (ascorbic acid)	200 mg	333%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Manganese (as manganese amino acid chelate)	2 mg	100%
Copper (as copper amino acid chelate)	2 mg	100%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Mixed Carotenoids (from <i>Daucosella salina</i>)	2.5 mg	*
Pine bark extract (from <i>Pinus maritima</i>)	50 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>) (95% proanthocyanidins)	200 mg	*
Grape Seed Extract (from <i>Vitis vulpina</i>)	50 mg	*
(5% steviol glycosides)	100 mg	*
Green tea leaf powder (Camellia sinensis (L.) Kunze)	300 mg	*
Milk thistle root extract (90% silybin)	70 mg	*
Alpha-lipoic acid	50 mg	*

In the example above, note how the certificate of analysis confirms the ingredient meets our standards.

Certificate of Analysis			
Product: Grape Seed Extract		Date: January 8, 2001	
Batch Number: 20010103			
ITEMS	CONTRACTED STIPULATIONS	RESULTS	
1% in water (25°C)	Insoluble ≤ 5.0%	2.6%	
2g in 100ml			
5% alcoholic solution		Transparent	
PH (4% in water)	2.5 - 4.5	3.7	
Loss on drying	≤ 5.0%	3.6%	
Sulphated ash	≤ 0.5%	0.1%	
Iron	≤ 10 ppm	< 10 ppm	
Arsenic	≤ 1 ppm	< 0.5 ppm	
Heavy metals	≤ 10 ppm	< 10 ppm	
Powder size		Pass 100 mesh	
1. Max		280 um	
2. Min		250 um	
Content (proanthocyanidin) ≥ 95.05 (UV)		99.6%	
Organochlorine		N.D.	
Organophosphate		N.D.	
Organonitrogen		N.D.	
Carbamate Pesticides		N.D.	
Solvents	RESULTS	ITEMS	RESULTS
Ethyl acetate	Negative	Acetone	Negative
N-Butanol	Negative	Chloroform	Negative
Toluene	Negative	Ethanol	< 100 ppm
Microbial Characteristics			
Total Aerobic	< 10 CFU/g	Yeast & Mold	< 10 CFU/g
Salmonella	Negative	E.Coli	Negative

EXAMPLE

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tabak's Health Products
Superior, Science-Based Nutritional Supplements
3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

Free 30-Day Trial

[DATE]

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
for a postage paid reply label.

[KEY CODE]

[CUSTOMER#]

[FINDER#]

Issued [Firstname Lastname]
To: [Street Address]
[City, ST Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

"Pooped Out?" Or "Perked Up?"
The Choice is Yours . . .

[Firstname] [Lastname]
[Street Address]
[City] , [State] [Zipcode]

[MONTH] [DAY] , [YEAR]

Dear [Firstname],

Vim. Gusto. Zip. . . Got all the zest for life you need?
Or has your good ol' "get up and go" just. . .

Gotten Up and Gone?

If so, try Dynergy™, a brand-new blend of ingredients
scientifically proven to give you a lift. Even when you're
feeling tired. Sluggish.

More importantly, it gives you a completely natural boost.
No artificial stimulants. No drugs. No chemicals. Nothing
dangerous.

[Firstname], how much better would you feel with a higher
natural energy level? With more stamina on the job? More zing
at play? Extra enthusiasm for quality time with your family?

No Risk. Free Trial.

Then empower yourself. Grab your special 30-Day Free Trial
voucher. Sign it. Pop it in the mail.

Dynergy™, with its potent energizers, will be rushed directly

to you. Discover for yourself how they:

30-DAY FREE TRIAL

Mail To:

Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

YES! I want extra energy, less fatigue and improved mental alertness - naturally! Please rush my **FREE 30-DAY TRIAL** of Dynergy™.

If I don't want Dynergy™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$29.97 plus shipping and continue to receive a fresh supply each month. I may cancel future shipments at any time.

Mail Free Trial Coupon Today!

X _____

Sign name here

- 2 -

their voice. But most of all, you can feel their dynamic vibrations permeating everything - everyone - around them.

The good news is . . . You can acquire that sort of energy and passion for living.

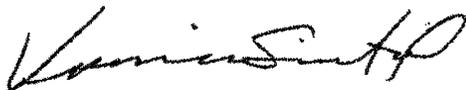
And you can do it simply. Easily. Quickly.

Try all-natural Dynergy™ for a full month. With no risks. If it makes a difference in your life, as I know it will, pay the bill that comes with it. If not, just send back the empty container and pay nothing. You won't owe us a cent.

What could be fairer than that?

Want to open up a whole new world of energy? Zest for life? Alertness? Optimism? Just tear off the Free Trial Voucher. Sign it. Mail it today.

Sincerely,



Veronica Simental

P.S. "Pooped Out?" Or "Perked Up?" The choice is yours. Dynergy™ gives you the mental and physical boost to perform your best all day long.

P.P.S. Dynergy™ is brand new. I expect a huge demand for this Free 30-Day Trial. So don't wait. Mail the attached coupon now!

May I Send You a FREE Bottle
of ThermAway™ -- Worth More Than \$25.00?

[CUSTOMER#]

[KEY CODE]
[FINDER#]

[Firstname] [Lastname]
[Street Address]
[City] , [State] [Zipcode]
[Barcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

ThermAway™ can help you shed unwanted pounds and inches. Naturally.
Safely. Quickly. Without dangerous drugs. And no chemicals.

Groundbreaking, Cutting-Edge Formula

Studies show the ingredients in ThermAway™ can help you lose weight by
converting body fat into thermogenic energy.

What does that mean? Just think of a bear hibernating in his cave.
Does he freeze? Starve? No! He burns up stored fat, keeping him warm
and nourished. Come spring, he's lean, mean and ready for action!
That's thermogenesis!

More importantly, you can use all-natural ThermAway™ to burn fat the
same way, as part of your overall weight loss program. Watch as those
extra pounds seem to melt. Make your mirror your friend again. Best of
all, a full 30-Day supply of . . .

ThermAway™ is Free to You.

Why are we giving away a product we normally sell for more than \$25?
What's the catch? Frankly [Firstname], it's a bribe.

You see, most of our products are highly specialized. They're designed
to address specific health concerns you might face. Our challenge then,
is matching each product with the right person.

If you'll help, by telling us what health issues matter the most to
you, we'll send you some of our products to "try" from time to time, on a
free trial basis. You're never obligated to buy anything you don't want.
You only pay if you decide to keep it. And you can return anything you
wish with our postage-paid label. Therefore, there's absolutely . . .

No Risk to You!!

Just indicate your preferences on the back. Sign your name. Pop this
letter in the enclosed envelope. Mail it.

That's how easy and simple it is to get your free bottle of
ThermAway™. And to "preview" some of our products without risk.

Respond today. Check the boxes that apply to you. Return this
letter.

All the best,

May I Send You a FREE Bottle
of EnergyCaps™ - Worth More Than \$25.00?

[CUSTOMER#]

[KEY CODE]
[FINDER#]

[Firstname] [Lastname]
[Street Address]
[City] , [State] [Zipcode]
[Barcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

If you'll be kind enough to give me three minutes of your time, I'll repay you with a free gift worth more than \$25.

This free gift will give you increased energy. More stamina. Greater alertness. And . . .

A Natural "Perk-Up."

You get all that from EnergyCaps™ - one of our most popular products. Tens of thousands of our customers have acquired it for more than \$25.00 a bottle.

But It's Free to You.

Why are we doing this [Firstname]? Because we're trying to solve a big problem.

Many of our products are highly specialized, and are designed to address specific concerns that you might have.

Our challenge then... is matching each product with the right person. So we're trying something new.

If you'll help us, by telling us what health issues matter the most to you, we'll send you some of our products to "try" from time to time, on a free trial basis. You're never obligated to buy anything you don't want. You only pay if you decide to keep it. And you can return anything you wish with our postage-paid label. Therefore, there's absolutely . . .

No Risk to You!!

Just indicate your preferences on the back. Sign your name. Pop this letter in the enclosed envelope. Mail it.

That's how easy and simple it is to get your free bottle of EnergyCaps™. And to "preview" some of our products without risk.

Respond today. Check the boxes that apply to you. Return this letter.

All the best,

“Free Preview”

(Completely Risk-Free)

Yes, I've completed your survey below. Based on my answers, please send me products to try, from time to time, on a 30-Day Free Trial.

If I don't want any product, I'll simply return it and *owe nothing*. No questions asked.

However, if satisfied, I'll gladly pay the bill that comes with it and continue to receive a fresh supply of it each month with a bill.

I may cancel future shipments at any time. I understand that I can return anything I don't want with your postage-paid reply label at no cost to me. Since there's no risk to me, I'm going ahead.

Please check as many boxes below that apply to you.
(Then circle the three most important.)

- | | |
|--|--|
| 1 <input type="checkbox"/> Menopause/PMS | 18 <input type="checkbox"/> Increase sexual energy (age related) |
| 3 <input type="checkbox"/> Maintain cholesterol levels (that are already in the normal range, as part of a healthy diet) | 19 <input type="checkbox"/> Maintain healthy eyesight |
| 4 <input type="checkbox"/> Reduce wrinkles/age spot visibility | 20 <input type="checkbox"/> Keep immune system healthy |
| 5 <input type="checkbox"/> Multi-vitamin for overall health | 21 <input type="checkbox"/> Serious athlete/improve performance |
| 7 <input type="checkbox"/> Maintain bowel regularity | 22 <input type="checkbox"/> A "lift" from blues/sadness |
| 8 <input type="checkbox"/> Joint discomfort (age related) | 23 <input type="checkbox"/> Maintain a healthy heart |
| 10 <input type="checkbox"/> Keep prostate healthy | 24 <input type="checkbox"/> Leg cramps (night time) |
| 11 <input type="checkbox"/> Lose 15 to 20 pounds | 25 <input type="checkbox"/> Get a good night's sleep |
| 12 <input type="checkbox"/> Healthy glowing skin with natural mask & cleanser | 26 <input type="checkbox"/> Maintain healthy gums |
| 13 <input type="checkbox"/> Increase daytime energy | 27 <input type="checkbox"/> Maintain healthy lungs |
| 14 <input type="checkbox"/> Maintain strong bones/density | 28 <input type="checkbox"/> Anti-aging, antioxidant formula |
| 15 <input type="checkbox"/> Enhance memory/brain function | 29 <input type="checkbox"/> Maintain hair fullness/hair health |
| 17 <input type="checkbox"/> Blood sugar support (to be used as part of your diet, not intended to affect abnormal blood glucose) | 30 <input type="checkbox"/> Back and vertebrae health |

Sex: Male Female

Date of Birth: _____ / _____ / _____
Month Day Year

X