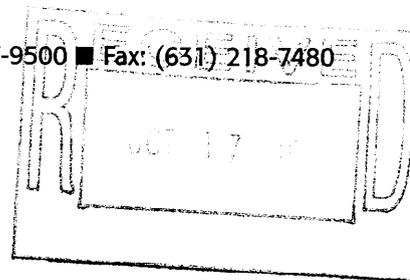




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



Office of Nutritional Products/Labeling & Dietary
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-810)
Washington, D.C. 20204

October 3, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Cascara Sagrada 450 mg supplement under the Spring Valley label:

- Herbal Support for Occasional Constipation
- As an herbal ingredient, Cascara Sagrada is used as a laxative to help relieve occasional constipation and promote regularity.
- Cascara Sagrada contains no harsh synthetics, so you can be assured of gentle, yet efficient, relief.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/je

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