

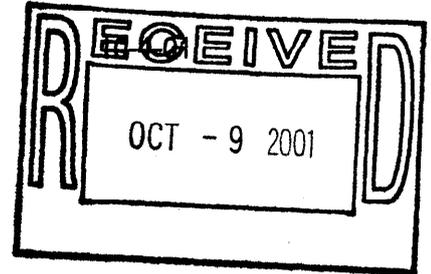


**SOLGAR VITAMIN AND HERB**  
WORLD HEADQUARTERS

500 WILLOW TREE ROAD, LEONIA, NJ 07605 USA  
PHONE 201-944-2311 FAX 201-944-7351



Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
FOOD AND DRUG ADMINISTRATION  
200 C Street, S.W.  
Washington, D.C. 20204



RE: Notification for Statement on Dietary Supplement

Dear Sir/Madam:

In compliance with the Dietary Supplement Health and Education Act of 1994, Solgar Vitamin and Herb hereby makes its official notification under Section 101.93 that it has included a statement listed in Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act on its label. Accordingly, enclosed please find two (2) copies of this Notification. The following information is being provided:

The dietary supplement is being distributed by:

**SOLGAR VITAMIN AND HERB**  
500 Willow Tree Road  
Leonia, New Jersey 07605 USA

The text of the statement, the name of the dietary supplement and the name of the dietary ingredients contained in the product, which is the subject of the above statement, is listed on the attached sheet.

I hereby certify that the information presented and contained in this notice is complete and accurate, and my files contain substantiation that the statements made are truthful and not misleading.

Thank you for your time and attention to this matter. If you have any questions, please do not hesitate to contact the undersigned.

Very truly yours,  
**SOLGAR VITAMIN & HERB**

Lisa J. Haskell  
Manager, Domestic Labeling

Certified Mail – Return Receipt Requested  
7000 0600 0024 1798 0367

97S 0162 LET 8636

10-4-01

**Product Name**

**Structure Function Claim  
Or Statement**

**Dietary Ingredient (s)**

Whey to Go Protein Powder  
Vanilla

L-Glutamine plays a significant role in supporting muscle mass. It also helps to promote protein synthesis, which assists in decreasing the breakdown of muscle under stressful conditions. Both glutamine and BCAA's are used by muscle tissue as a source of energy.\*

L-Glutamine, Branched  
Chain Amino Acids

Whey to Go Protein Powder  
Chocolate

L-Glutamine plays a significant role in supporting muscle mass. It also helps to promote protein synthesis, which assists in decreasing the breakdown of muscle under stressful conditions. Both glutamine and BCAA's are used by muscle tissue as a source of energy.\*

L-Glutamine, Branched  
Chain Amino Acids

Whey to Go Protein Powder  
Honey Nut

L-Glutamine plays a significant role in supporting muscle mass. It also helps to promote protein synthesis, which assists in decreasing the breakdown of muscle under stressful conditions. Both glutamine and BCAA's are used by muscle tissue as a source of energy.\*

L-Glutamine, Branched  
Chain Amino Acids

Whey to Go Protein Powder  
Mixed Berry

L-Glutamine plays a significant role in supporting muscle mass. It also helps to promote protein synthesis, which assists in decreasing the breakdown of muscle under stressful conditions. Both glutamine and BCAA's are used by muscle tissue as a source of energy.\*

L-Glutamine, Branched  
Chain Amino Acids