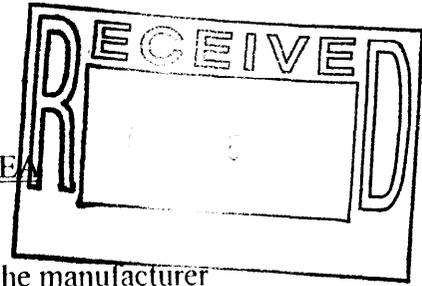


NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR §101.93.



This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is High Absorption Magnesium.

The text of each statement for which notification is now being given is as follows:

- Statement 1: Supports the heart, nervous system, cellular energy.
- Statement 2: As an essential dietary mineral, magnesium plays many important roles which include: helping cells produce metabolic energy, supporting optimum nerve function, helping muscles relax properly and maintaining a healthy heartbeat.
- Statement 3: Acts as a co-factor for metabolic enzymes.
- Statement 4: Assists energy production in cells.
- Statement 5: Supports nerve and muscle function.
- Statement 6: Helps maintain a normal, regular heartbeat.
- Statement 7: Supports bone density.
- Statement 8: Glycine has been shown to be an effective carrier for minerals that facilitates absorption in the intestinal tract.
- Statement 9: Glycine is used by the body to form collagen, a key protein in cartilage and connective tissue.
- Statement 10: Lysine is an essential amino acid that assists gastric function.
- Statement 11: Bioperine® is a natural extract derived from black pepper that increases nutrient absorption.

The following summary identifies the dietary ingredients or supplements for which a statement has been made.

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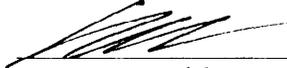
<u>Statement Number</u>	<u>Identity of Dietary Ingredient or Supplement that is the Subject of the Statement</u>
1	magnesium
2	magnesium
3	magnesium
4	magnesium
5	magnesium
6	magnesium
7	magnesium
8	glycine
9	glycine
10	lysine
11	Bioperine®

The following identifies the brand name of each supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label/Labeling</u>
1	Doctor's Best	Label
2	Doctor's Best	Label
3	Doctor's Best	Labeling
4	Doctor's Best	Labeling
5	Doctor's Best	Labeling
6	Doctor's Best	Labeling
7	Doctor's Best	Labeling
8	Doctor's Best	Label

9	Doctor's Best	Label
10	Doctor's Best	Label
11	Doctor's Best	Label/labeling

I, KEN HALVORSRUD, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 9/24, 2001 By: 
KEN HALVORSRUD