

Source Naturals®  
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Scotts Valley, CA 95066

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Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Vitamin E VegaGel, a dietary supplement. Source Naturals® is the manufacturer of Vitamin E.

Statements being made in the labeling of Vitamin E VegaGel:

- (1) A fat-soluble antioxidant.
- (2) Vitamin E is a fat-soluble vitamin that is one of the body's chief antioxidants and is considered the first line of defense against lipid peroxidation, protecting cell membranes against free radicals.
- (3) Vitamin E plays a vital role in maintaining both skeletal and smooth muscle, and is necessary for the synthesis and maintenance of red blood cells.
- (4) Vegetarian - VegaGels™ contain only potato starch and high-quality vegetable oils.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.



Ira L. Goldberg  
President, Source Naturals®

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