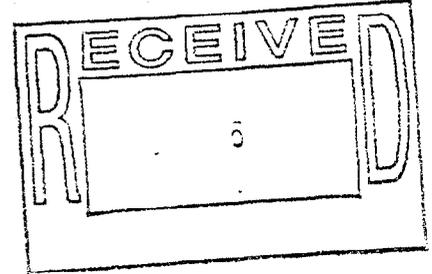




PHARMAVITE

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November 6, 2000



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, DC 20204

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:  
Pharmavite Corporation, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):  
Valerian has been popular for centuries for seeking natural support to enhance nighttime rest.  
Valerian may help in overcoming occasional sleeplessness.
- (3) Name of the dietary ingredient if not provided in the text of the statement:  
valerian root
- (4) Name of the dietary supplement:  
products containing valerian as a single ingredient or in combination with other ingredients

The above statement(s) may be used in one or more of the following brands of products: Nature Made, Nature's Resource, Jogmate, Optimize, Vitesse, AAFES, B.J.'s Wholesale, Kirkland, CVS, Duane Reade, Longs, Spring Valley, Walgreens.

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

David Kropp  
Acting Director, Regulatory and Consumer Affairs

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