

FITNESS LABS™  
NUTRITION CORPORATION

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October 25, 2000

Linda S. Kahl, Ph.D.  
Office of Special Nutritionals (HFS-450)  
Center of Food Safety and Applied Nutrition  
Food and Drug Administration  
200 "C" St. S.W.  
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

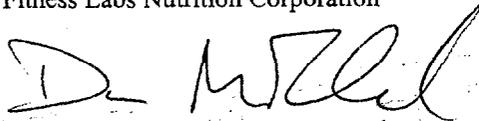
The dietary supplement for which the statement is made is ZMA. The dietary ingredients that are the subject of the statement are Zinc monomethionine and aspartate, Magnesium aspartate, and Vitamin B-6. The statements read as follows.

"ZMA - Anabolic Mineral Support." "ZMA is a patent-pending, anabolic mineral formula that has been shown in university research to increase muscle strength significantly over a placebo! Results (double-blind, placebo controlled study) were based upon 8 weeks of nightly supplementation on college athletes undergoing training." "Anabolic Mineral Support for Enhanced Muscle Strength & Performance."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,  
Fitness Labs Nutrition Corporation



Daniel R. McFarland  
President

975-0162

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