

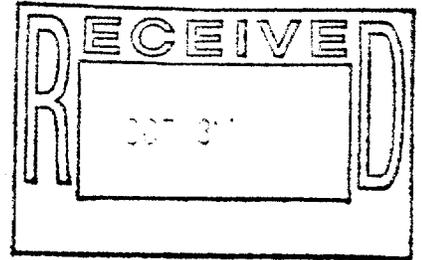


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October 23, 2000

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Ester C with Echinacea and Goldenseal supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Herbal Authority, Herbal Harvest, Herbal Sure, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin World:

- Vitamin C, Echinacea and Goldenseal help support your immune system.
- Vitamin C, a potent antioxidant, plays an important role in supporting immune function.
- As an antioxidant Vitamin C helps neutralize harmful free radicals in cells.
- Echinacea and Goldenseal help support healthy immune function.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

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