



The Vitamin Marketing Experts

March 9, 1998

Dr. Elizabeth Yetley  
Director of the Office of Special Nutritionals  
Division of Programs and Enforcement Policy  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street  
HFS-455  
Washington, D.C. 20204

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Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r)(6)(2) U.S.C. 343(r)(6) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement FAMILY ESSENTIALS™ WITH REFERENCE TO ANY CLAIM CONCERNING CHROMIUM 50-200 mcg. FAMILY ESSENTIALS™ WITH REFERENCE TO ANY CLAIM CONCERNING CHROMIUM 50-200 mcg were first marketed with these statements of nutritional support on Friday, March 6, 1998. The statements of nutritional support are as follows:

“Important for glucose metabolism, blood clotting, muscle contraction and nerve transmission.”

Very truly yours,

MASON VITAMINS, INC.

Sonia C. Rodriguez  
VP Marketing & Regulatory Affairs

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**STUDIES FOR CHROMIUM CLAIMS**

**"Chromium Improves Insulin Response to Glucose in Rats" Striffler, J.S., Law, J.S., Polansky, M.M. Metabolism, Vol. 44, No 10 October 1999 1314-1320**

**"Effects of chromium supplementation on fasting insulin levels and lipid parameters in healthy, non-obese young subjects" Wilson, B.E., Gandy, A. Elsevier Science Ireland Ltd. Diabetes Research & Clinical Practice 28 (1995) 179-184**

**"The Effects of Chromium supplementation on Serum Glucose and Lipids in Patients With and Without Non-Insulin-Dependent Diabetes" Abraham, A.S., Brooks, B.A. Eylath, U. Metabolism, Vol. 41, No. 7 July 1992 768-771**