Aug. 16, 1999

Dear Commissioner Henney,

This is to tell you that I am in favor of the FDA promptly approving claims filed for saw palmento and the symptoms of benign prostatic hyperplasia; psyllium husk seeds and the risk of heart disease; folic acid, vitamin B6 and vitamin B12 and cardiovascular disease; and vitamin E and the risk of cardiovascular disease.

We, the people out here living life are interested in preventing diseases and health problems. It seems that the FDA is more interested in making money by using drugs to treat symptoms after people are sick. Drugs have so many side effects, in many cases, that are terrible. We want to use the natural herbs, vitamins, minerals, etc. that God gave us for our health.

Sincerely,

Joann Sprenger

1614 Kent Lane, Newport Beach, CA 92660

99P-3029

C141

CROSS FILE SHEET

File Number: 99P-3029/C141

See File Number: 99P-3030/C141

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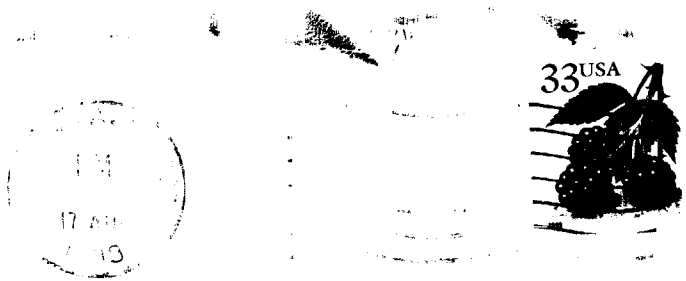

Jane Henney, M.D.
Commissioner
Food and Drug Administration
5600 Fishers Lane, Room 14-71
Rockville,
MD 20857