NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA

3/31/99

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider Nutrition International HMB Product #52398** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **Calcium hydroxymethylbutyrate** is as follows:

(Statement 1) EXERCISE AND RECOVERY

(Statement 2) POWER AND STRENGTH FORMULA

(Statement 3) **Calcium hydroxybutyrate (HMB)** is a normal metabolite of the essential amino acid, leucine. In a series of studies, subjects who engaged in strenuous exercise exhibited improvements in body composition, lean mass, and muscular strength, and exhibited reductions in fat mass and markers of post-exercise muscle damage. These results suggest that HMB supports results of strenuous exercise in both young and long-lived adults for both weightlifting and endurance exercises.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 24th day of March, 1999.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: L R Bucci

DR. LUKE R. BUCCI
Vice President of Research

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