David J. Foreman, R. Ph.
C&D Foreman, Inc.
8004 Gates Bluff Place
Chesterfield, VA 23832

RECEIVED
OCT 16 1998

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October 14, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition, Food
and Drug Administration
200 C Street, SW
Washington, DC 20204

To Whom It May Concern:

Please accept this notification of the following nutritional support statement.

"Blend of essential vitamins to help decrease anemia"

Name of Supplement or Ingredient that the statement describes: Product name: Iron PLUS

Ingredient- vitamin C, iron carbonyl, folate

Distributed by: Herbal RPh.

8004 GATES BLUFF PLACE

CHESTERFIELD VA 23832

Date of first marketing of the supplement with the disclaimer: 11/16/98

I hereby certify that the information contained in this notice is complete and accurate, and C&D Foreman, Inc. Dba/Herbal RPh. has substantiation that the statement(s) of nutritional support is truthful and not misleading.Sincerely,

David J. Foreman, R. Ph.

President, C&D Foreman DBA Herbal Pharmacist

97S-0162

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