Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

12589

3 - OUTPATIENT

[redacted] [redacted]

PROGRESS RECORD

[redacted]

Source	Date
	AUG 11 1997 16:17

41yo ♂ here for 1st time. Pt reports taking OTC diet pill called "Infernoblast" 3 months ago. Pt c/o SOB, chest pain, headache, hyperactivity & skin crawling after starting medicine. Ingredients per pt include caffeine, ephedra, ginger root. Pt stopped ↓ losing 30 lbs in June for next 3 days. Pt had worsening of same symptoms. During episode of CP - pt was driving car - attempted to pull over - hit in side by other car. Pt restrained - 15 mph ⊖ head trauma, ⊖ LOC. walked away - min damage to car. Pt now ≈ 2 months of diffuse neck/back myalgias ⊖ numbness, tingling, weakness ⊖ bowel/bladder symptoms.

PE T 97 BP 122/84 wt 224 lbs

gen - alert, NAD CN II-XII intact CV - RRR, lungs clear

neck - full ROM ⊖ spinal TTP ⊕ TTP over lateral muscles/ligaments

⊕ trapezius spasm L>R

⊕ TTP over T spine → diffusely - rotodal TTP

⊖ L spine TTP Strength 5/5 all ext sens intact (+ touch pinprick)

DTR's 1+ biceps, tri, BR, pat, ankle, bes bil

X-ray - T spine ⊖ fracture, ⊕ osteophytes EKG - NSR, n axis & intervals

A/p ① adverse drug reaction 2° to sympathomimetic compounds in OTC diet medicine - pt to avoid in future - no symptoms or problems @ present [redacted]

(cont on next page)

[redacted] WHITE - Medical Record YELLOW - Clinic Chart [redacted] 000002

[redacted]

Age: Ht: Wt:
Sex: M Race: Cauc
Loc: [redacted]

ID: [redacted]
Med: None

11-AUG-97 13:26 [redacted]

NORMAL SINUS RHYTHM
NORMAL ECG

Vent. rate 61 BPM
PR interval 148 ms
QRS duration 108 ms
QT/QTc 408/408 ms
P-R-T axes 48 62 73

25mm/s
10mm/mV
100Hz
Pgm 0078 /110 Unconfirmed
Referred by: [redacted]

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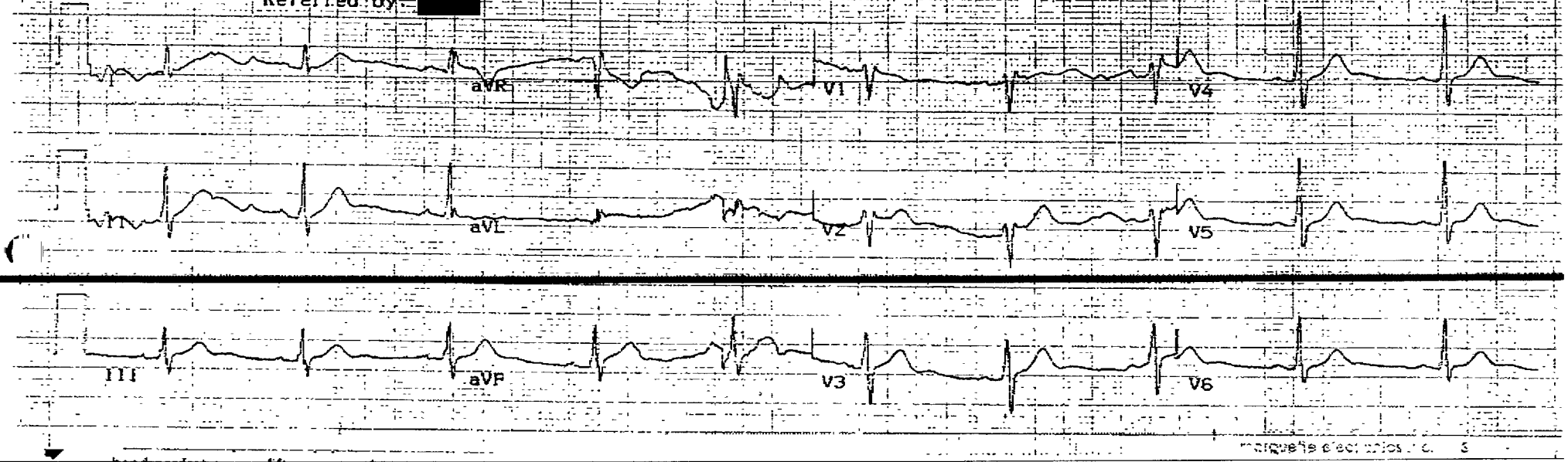

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'98 JAN -8 A10:04