Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

13085

2 - LABEL SAMPLE

98-02288 HFU-1730

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MADE IN USA

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ORDER #

Caution: Seek advice from a health care practitioner prior to use if you are pregnant or lactating, or if you have high blood pressure, heart or thyroid disease, diabetes, prostate enlargement, or taking a MAO inhibitor or any other prescription drug. Reduce use if nervousness, tremor, sleeplessness, loss of appetite, or nausea occur. Not for children under 18.

Directions: As a dietary supplement, take one capsule at 10:00 a.m. and 1 capsule at 3:00 p.m. for the first 72 hours, then take up to four capsules daily as desired.

• Keep out of reach of children. • Store at 15-30°C (59-85°F). • Protect from heat, light and moisture. • Do not purchase if seal is broken.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DAKOTAH INTERNATIONAL

EL BETTER† • LOOK BETTER†
HAVE MORE ENERGY†
All Natural Dietary Supplement and Energizer†
30 capsules

Supplement Facts

Serving Size: 1 capsule

	Amount per Serving	% Daily Value
Vitamin B_{12} (as cyanocobalamin)	50 mcg	833
Chromium (from 200 mcg of chromium picolinate†† and as chromium amino acid chelate)	200 mcg	167
Potent energy blend	400 mg	*
Desert tea extract (herb), guarana extract (seed), green tea extract (leaf), kola nut (seed), white willow bark, trace mineral complex (Montmorillonite), garcinia cambogia (fruit), yerba mate (leaf), Siberian ginseng (root), royal jelly, chia seed, ginger root, bladderwrack kelp, fo ti (*Polygonum multiflorum* root), hawthorn berry, saw palmetto berry, ginkgo biloba (leaf), and beet (root)		

*Daily value not established.

Other ingredients: gelatin, calcium sulfate, cellulose, magnesium stearate, and silica.
††Chromium picolinate is an organic complex of trivalent chromium and picolinic acid. Protected by US Patent # Re. 33,988.

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