



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (516) 567-9500 ■ Fax: (516) 567-1953

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December 28, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our Essential Oils supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Puritan's Pride, US Nutrition, Vitamin World:

Flaxseed oil is one of the richest dietary plant sources of alpha-linolenic acid (Omega-3) and linoleic acid (Omega-6). In addition to Flaxseed oil, Essential Oils contains Borage oil, a rich source of gamma-linolenic acid (GLA) which helps regulate a variety of important functions in the body. And fish oil – a rich source of the Omega-3 fatty acids, Eicosapentanoic and Docosahexaenoic (EPA & DHA). EPA helps maintain healthy circulation and DHA plays an important role in the brain, eyes and nervous system. These three oils provide diverse benefits for your overall health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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