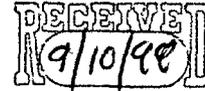


Traditional Medicinals®
FIRST IN MEDICINAL HERB TEAS.

1. September 1999

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204



To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, California 95472 hereby notifies the FDA that it is making the following statement(s) covered by the referenced regulation for its;

Ginger Energizer™ Herbal Dietary Supplement containing a proprietary herbal blend of organic ginger rhizome, roasted yerba maté leaf, green yerba maté leaf, stevia leaf, and lemon peel: **"Helps promote alertness"**

The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

Very truly yours,

Lynda Sadler

President

97S-0162

4515 ROSS RD., SEBASTOPOL, CA 95472-2250



TEL: (707) 823-8911 FAX: (707) 823-1599

LET 4241
67086