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August 19, 1999

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Metabosurge supplement under the following brand names: American Health, Body Fortress, DEI, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition and Vitamin World:

A thermogenic herbal blend that helps promote fat metabolism.

Metabosurge is a unique combination of herbs and essential nutrients plus key factors that play a role in fat metabolism. The active ingredients in Ma Huang, Guarana and Citrus **Aurantium** work synergistically to help promote thermogenesis, the production of energy (heat) through the body's metabolism of fat.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

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