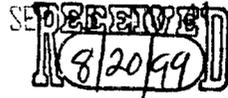




August 17, 1999

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Office of Special Nutritionals
(HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

To Whom It May Concern:

NaturaLife Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Total Release Valerian. The dietary ingredient that is the subject of the statement is Valerian. The statement reads as follows:

"Promotes Restful Sleep."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURALIFE CORPORATION

Gordon M. Walker
Legal Counsel

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Regulatory\TotalRelease-Valerian-NL

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