

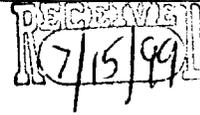


En Garde Health Products, Inc.

7702 Balboa Blvd., Building 10
Van Nuys, CA 91406-2244

Phone: (818)901-8505
Fax: (818)789-4699

2740 '99 MF-3 P3:12



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

Date: July 10, 1999

Subject: Statements of support included in labeling for (Product name): FIBER FLUSH™
Label date to printing: June 24, 1999

This is to notify you that En Garde Health Products (address as shown above) has included the following statements of support, on labeling for the product name shown above.

“To keep the bowels in good tone.”

“A combination of fibers for intestinal system vitality. Helps in managing cholesterol, in proper stool formation, in body cleansing and in other ways. Also provides extra fiber and bulk.”

“For best results, while using this product avoid eating ‘junk’ foods (such as processed sugars and white flour), and follow a diet including lots of fruits and vegetables (with raw cabbage, carrots, celery and lettuce being particularly good, natural sources of additional bulk).”

This memo is to certify that the statements contained on the labeling and in this notice are complete and accurate, and that we have substantiation that these statements are truthful and not misleading.

Certified by


A. A. Chaplan, for
En Garde Health Products

97S - 0162

66102
LET 3955