

RECEIVED
6/30/99

NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR § 101.93.

This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R § 101.93. The dietary supplement product on whose label or labeling the statements appear is Perfect At Bedtime.

The text of each statement for which notification is now being given is as follows:

- Statement 1: Promotes restful sleep, relaxes the mind and body.
- Statement 2: Passion Flower, Valerian, Hops and Kava Kava are herbs traditionally used to promote restful sleep and relax the mind and body.
- Statement 3: As essential dietary minerals, calcium and magnesium help regulate muscle contraction and relaxation.
- Statement 4: Herbal and mineral support for maintaining normal contraction and relaxation of muscles.
- Statement 5: Herbal and mineral support for promoting restful sleep.

The following summary identifies the dietary ingredients or supplements for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient or Supplement that is the Subject of the Statement</u>
1	Perfect At Bedtime
2	Passion Flower Valerian

LET 3895

	Hops Kava Kava
3	calcium magnesium
4	Perfect At Bedtime
5	Perfect At Bedtime

The following identifies the brand name of each supplement for which a statement is made.

Statement Number	<u>Brand Name</u>	<u>Label or Labeling</u>
1	Doctor's Best	Label
2	Doctor's Best	Label
3	Doctor's Best	Label
4	Doctor's Best	Labeling
5	Doctor's Best	Labeling

I, Richard M. Conant, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 25, 1999 By: 
Richard M. Conant
 Director of Nutrition Research